



HOMEOPATHIC MEDICINE

Homeopathic Medicine refers to the practice of **homeopathy** – a medical approach developed over 200 years ago in Germany; premised on the position that our body has the ability to cure itself. Healing is facilitated by using small quantities of natural substances procured from minerals, plants and animals; which serve as **stimulants** in the healing course. At the **Natural Medical Solutions Wellness Center**, towards treating certain conditions, **Dr. Gail Ravello**, a **functional medicine** practitioner, makes use of **solutions** and/or pills in a highly diluted proportion and composed of only a small amount of the mineral or plant used, in providing the needed **remedy**. The measured quantity used eliminates the risk of toxicity and the potential for digestive problems; making the treatments safe, effective and fast acting. These remedies, through a process known as **homeopathic dilution** have been found effective in treating ailments such as arthritis, ear infections, asthma, allergies, high blood pressure, and depression, to name a few. Being naturally prepared treatments, there are no concerns about allergic reactions to any of the remedies prescribed by Dr. Ravello. Homeopathic treatments focus on the root cause of health concerns; as such, the remedies help build a resistance to the ailment being treated.

Overview

Homeopathic Medicine (HM) is itself a form of **alternative medicine**. The theory behind its use is the belief that “**like cures like.**” This theory rests on the position that something that causes an illness in someone who is healthy also has the same capacity to cure the same symptoms in someone else that is ill.

Let's imagine a situation where a small diluted solution of coffee is used as the remedy for treating a case of insomnia as an example. **HM does not attempt or claim to replace conventional medicine or treat serious health conditions such as cancer.** There are however immeasurable benefits to the natural healing process that takes place through this form of treatment; being generally safe, with little or no side effects.

Our remedies are available in a variety of forms, such as tablets, gels, drops, ointments, creams, with additional options available, so as to meet the needs of each client; since each person's needs and responsiveness to the remedies differ. This makes it necessary for each client to schedule an **initial consultation** with Dr. Ravello. There are times when different clients come in with the same condition, but they require different remedies. Dr. Ravello evaluates each client on subjectively, relying on each individual's health history.

Homeopathy is also beneficial as a means of maintaining one's health in general, with the ability to treat incidental injuries like muscle strains, cuts and even colds. Depending on the dosage of the remedy prescribed, (which varies from person to person) follow up visits are typically required after 4 or 5 weeks to evaluate each client's responsiveness. We would love to answer any questions or concerns you may have regarding HM, as you consider this as an option. Please us today (**770-674-6311**) to schedule your initial consultation with Dr. Ravello.