

WEEK OF 01/18/2021

# WELLNESS WEEKLY

A Weekly Newsletter of Natural Medical Solutions Wellness Center



## HYPERBARIC OXYGEN THERAPY: WHAT IS IT?

Hyperbaric Oxygen Therapy has grown to become a popular therapy phenomenon among many people, as it helps to treat many issues. When a person is undergoing hyperbaric oxygen therapy, they are inhaling pure oxygen inside a pressurized environment. The air pressure is increased to double the amount higher than normal air pressure. When in such conditions, it makes it easier for the lungs to take in more oxygen than when breathing in normal air pressure. With a healthy amount of extra oxygen flowing throughout the body, bacteria is fought off and healing can begin more thoroughly.

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## THE BENEFITS OF HYPERBARIC OXYGEN THERAPY

To benefit from hyperbaric oxygen therapy, it is suggested to have more than one session.

Hyperbaric oxygen therapy helps to heal an array of ailments. With continuous usage, this therapy increases the amount of oxygen that is carried by the blood. Hyperbaric oxygen therapy helps to heal patients with the following conditions:

- Severe Anemia
- Infections, surgeries, and injuries to the skin and bone such as burns, gangrene, psoriasis, radiation injuries, skin grafts, necrosis of the skin.
- Carbon Monoxide Poisoning
- Brain abscesses or injuries
- Sudden loss of hearing or vision





## WHAT TO EXPECT DURING HYPERBARIC OXYGEN THERAPY

At Natural Medical Solutions Wellness Center, our patients use a monoplace hyperbaric oxygen chamber. This type of chamber is designed for single person use at a time and is big enough for one person to place their entire body into.

The patient is then enclosed within the unit, as it is sealed airtight. Once the machine has been turned on, the unit begins to fill with oxygen, and the air pressure increases. This creates a feeling of fullness in the ears, alike to the feeling when in an airplane at high altitude. This fullness can be alleviated by simply swallowing or yawning. The duration of time for hyperbaric oxygen therapy sessions vary from patient to patient. To benefit from the results of this therapy, it is highly suggested to have more than one session.

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